

Unity Church of Peace

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September 2011

Theme: September Theme: "Life 101"

Lesson Titles:

Sept. 4 - *"Remembering to Be Real"*

Sept. 11 - *"The Willingness to Shed"*,
plus special prayers for 9/11

Sept. 18 - *"The Gift of Knowing"*

Sept. 25 - *"The Kabbalah Influence"* -
Guest Speaker - Rev. Marlene Bricker

Special Events

Sunday, September 11th
Unity Church of Peace
Picnic see page 6

Sneak Preview

Saturday - Sunday
October 1-2, 2011
Unity Village Trip
see page 5

September Affirmation

"I am an honor student in the school of life!"

Sunday, September 18 - Annual Membership Meeting

Minister's Message



Dear Unity Friends,

Greetings! I'm sure you have been grateful, as have I, for the recent cooler temperatures, and the opportunities they afford us to spend more time outdoors. Soon autumn will be here, and at Unity Church of Peace, we look forward to seeing those of you who have been away for the past few months, involved in summer travels, projects, or activities.

With the start of the school year, I am always reminded of the big "classroom" that is this life, and the many lessons that we can learn through the wisdom of our Unity teachings. What a blessing it is to have such powerful guidelines to follow, as we make our way through these especially challenging times in our society. For this reason, I have titled our September theme, "*Life 101*".

In my Sunday lessons this month, I will first be reminding you of the importance of being "real" and letting your authentic self shine, both with yourself and others. How can we hope that others will forgive, accept, and love us if cannot forgive, accept, and love ourselves? No matter how our lives may appear to us, God created us whole and good, and it is our job to remember and celebrate that!

On Sunday, September 11th, we will join together in heartfelt prayer, in honor and memory of all those who perished that tragic day ten years ago. We will also pray and affirm healing and renewal for all those who mourn their loss. We will pray for the much-needed healing and peace for our country, and for our world. I will also speak that day about the importance of our being willing to shed the "old skin" of our past and become more open to healing and self-transformation.

On September 18th, we will explore "*The Gift of Knowing*". Zen Buddhist master and author, Thich Nhat Hanh, wrote, "*Enlightenment for a wave is the moment the wave realizes that it is water. At that moment, all fear of death disappears.*" In this same way, it is essential that we realize who and what we truly are so that we can move through our fears and embrace life more fully.

Finally, on September 25th, our guest speaker, Rev. Marlene Bricker, will share a special lesson called, "*The Kabbalah Influence*", which will explore the mystical teachings of Judaism, known as the Kabbalah, and the many commonalities it has with our Unity/New Thought spiritual path. You won't want to miss this exciting and informative presentation!

Throughout this month, I invite you to affirm with me often, and with enthusiasm, "*I am an honor student in the school of life!*" And remember that God is blessing you now and always!

Love and Blessings of Peace,
Reverend Sallie Fox



Annual Membership Meeting

Calling all UCOP members!! Don't miss the upcoming Annual Membership Meeting on Sunday, September 18, following the service and Music Fund-raiser Lunch! We will be voting on 3 new Board Trustees, so please come and let your voice be heard!

President's Notes

Dear Friends,

Mark your calendars. Our Annual Membership Meeting will be on Sunday September 18th. We will assemble for the meeting after a lunch in Fellowship Hall. I cannot stress enough how important it is that you attend and participate in the running of your church. Reverend Sallie and your Board of Trustees will present reports summarizing what has been accomplished with your support and what we are visioning for the future.

We will also be voting to fill three positions on the Board of Trustees. If you have not already read them, please read the profiles of the five candidates, which were printed in the August Newsletter. We are so fortunate to have these fine persons presenting themselves as ready to serve on the Board. Each one is exceptionally qualified and we are blessed to have them in our congregation.

This is your Church. Come to the meeting on Sunday, September 18th and let your Board of Trustees know what you want and where you want our Church to be this time next year. Most importantly, let us know what you are willing to do to get us there.

In Love and Gratitude,
Joan Langer

Tidings from the Treasurer

As of the end of this month our copier will be paid in full, after 4 years with the option to purchase for \$1.00. Our finances are in good shape and we have achieved many goals this past year. Now we need to achieve one more and that is for the purchase of a new sign that is very much needed.

As I write my final letter I have some feelings of nostalgia. It has been 4 years and 9 months since I agreed to be the treasurer. At times it was feast and other times it was "how am I going to meet our obligations". But we always did. I have enjoyed the position and I feel I have done the best that I could to be a good steward of the funds I was asked to oversee.

It has been a privilege to serve on the Board and I will miss my fellow Board members.

The congregation has always responded to the church's needs and this made it a pleasure to serve.

I want to assure you I am leaving you in good hands, and I know you will feel confident with your new treasurer.

Blessings
Bonnie Faraone
Treasurer of the Board



Unity Light Seekers

What a wonderful meeting we had in July. We had the honor of having Patti Pellerito L.M.T., N.C.T.M.B talk with us about vibration healing with Tibetan Singing Bowls. Patti is a licensed massage therapist who has studied extensively with alternative healers. She does vibration healing sessions using the Tibetan Singing Bowls and a gong, which she also brought. Our sanctuary was awash with beautiful sounds on Tuesday July 26th. We were all truly amazed and in awe of the glorious sounds coming from the gong and the Tibetan Singing Bowls. Patti actually made them sing, and came around to each of us so we could experience first hand the vibration affects. She also gave us some history of the bowls. THANK YOU PATTI.

Patti has a private practice located at 7700 Clayton Road, 63117. Her phone number is 314-348-4278, for those of you interested in experiencing a session with Patti.

This month, on September 27th, we will have a guest speaker from FEED MY PEOPLE, explaining exactly what this wonderful charity does in this area. As you may know our church is very supportive of FEED MY PEOPLE and our very own Ann Corrigan is our representative to this group.

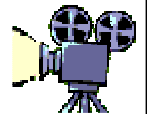
The October 25th meeting will be a special treat for all of us. Marty Thurman will host a meeting with our very own Audrey Lafser, and possibly her friend Erma Bergmann. They both played in the All-American Girl's Professional Baseball League in the 1940's. The movie "A League of Their Own" was inspired by the women who played for the League. YOU WILL NOT WANT TO MISS THIS.

Please keep an eye out for our YELLOW FLYERS announcing our upcoming meeting. We meet in Fellowship Hall on the fourth Tuesday of EACH MONTH at 11:00 a.m. The meetings are usually one hour. After the

meeting we eat our sack lunches and visit with one another. WE HOPE TO SEE YOU THERE. BRING A FRIEND, MEETINGS ARE OPEN TO ALL.

ENJOY THE FALL COLORS,
Blessings and Love,
Joyce Jackson and Carol Powers

Movie Night



Our next Movie Night is Friday, Sept. 23. Fellowship begins at 6:30 p.m. with light snacks and drinks in Fellowship Hall. No food or drink is allowed in the Church Sanctuary during the movies. The movie begins at 7:00 p.m. upstairs on our wonderful LED system. One intermission will be taken. The movie we will be showing is "Lost Horizon".

"Lost Horizon" (1937 version)

There is an aura that seems to surround classic films made before the days of computer generated visual effects and intense marketing campaigns. It was a time when motion pictures depended on grand stories, superb performances, and great direction to catapult their success. This was exactly the case of 'Lost Horizon', a film from director Frank Capra ('It's A Wonderful Life'). With elaborate set designs, excellent performances by Ronald Colman, Jane Wyatt, John Howard, Thomas Mitchell, and Edward Everett Horton, 'Lost Horizon' is a story of survival and ultimately finding a way home, that cannot be forgotten. 22 May 2003 | by [ilovedolby](http://ilovedolby.com) (New York State)



Page Turner

HELLO EVERYONE,

We have been busy in the BOOK NOOK. Please stop by and check out the new books and the new supply of *DAILY WORD* and *UNITY MAGAZINES*. We are also looking for another volunteer to help on Sundays. Please see the volunteer on duty or Rev. Sallie if you are interested. Working in the Book Nook is really simple and fun!

Now that the weather is cooler you can take a book, sit outside on your patio, in your yard, or in the park and learn something new. Enjoy the natural beauty all around YOU.

NAMASTE,
Marty, Randi, Shelley, Carol

Happy Birthday!

Jennifer Barfield	Sept. 4
Rhonda Rees	Sept. 5
Milt Loessberg	Sept. 12
Mike Shields	Sept. 17
Heidi Moore	Sept. 19
Marty Thurman	Sept. 23
Pat Hart	Sept. 24
Carol Powers	Sept. 26



We hope you will join us after church for a special birthday celebration on the third Sunday of the month, September 18th, in Fellowship Hall.

Unity Village Trip

Save the dates: October 1-2, 2011! Rev. Sallie Fox will be accompanying a group of men and women from Unity Church of Peace to wonderful **Unity Village**, in Lee's Summit, MO.

We will meet at the Village early Saturday afternoon, explore the Village grounds on a free guided walking tour, pray in the Peace Chapel, walk the labyrinth, and relax. We will attend one or more of the great Unity churches in the area on Sunday morning before returning to St. Louis. The drive to Lee's Summit takes approximately 3.5 - 4 hours. Accommodations at the Village range from \$54 - \$89, not including meals. You will need to contact Unity Village to make your own arrangements. You can call: 1-866-348-6489 (1-866-34-UNITY) and select option #2, or email them at: www.unityworldwideministries.org. When the main menu comes up, click on "Events", and then "Unity Village Accommodations". There is a sign-up sheet in Fellowship Hall, so please sign up soon!

Unity Church of Peace Picnic



Please join us for our all church picnic on Sunday, September 11th, immediately following the service. We will feast and frolic this year in Carondelet Park, off of Loughborough Ave., at the Pavilion #1. The pavilion at our site is painted white, has electricity, a BBQ pit, a nearby restroom, and 10 picnic tables.

There is a **sign up sheet** on the News Nook table. Please let us know if you plan to attend the picnic, what food or beverage items you can bring, and whether you will be available to help with set up, grilling, games, and/or clean up. The church will supply and grill hotdogs, hamburgers, and veggie burgers.

Let's have a marvelous time outdoors together, celebrating our Unity! And don't forget to wear your **Unity Church of Peace T-shirt!**



New Church Sign

We are making progress toward raising sufficient funds for our new church sign. So far, we have received just over \$1,500 in donations, for which we are extremely grateful! The cost for the sign will be approximately \$4,000. Let's all envision our beautiful, new sign already out there, informing our community about the wonderful ministries we have here at UCOP! Thank you, God!!

Please join us in affirming: ***"We see our beautiful new sign already in place, shining brightly, and representing Unity Church of Peace, as an inspirational beacon of spiritual light to our community!"***

Musical Musings



Hi everyone!

I hope you are enjoying the beautiful days we have been having! Here's to more lovely weather ahead in this month and in October!

Please note that we will be having a Music Fundraiser Luncheon on September 18th! Because the Taco Bar seems to be something to please everyone, we are having it again! Please volunteer to help with this worthy cause! We always need donated food items, such as meat, lettuce, cheese, taco shells and anything Mexican! Also help with cooking, preparing and clean-up are always welcome!

Here are some other musical dates to look forward to:

October 9th - Bukeka Shoals will be our musical guest. You will not want to miss her! Her voice is unbelievable, not to mention her amazing spirit!

October 16th - we have Trina Brunk coming again! She has a voice like an angel!

On December 9th we will have a Unity Cafe Christmas Talent Show! Please contact me if you would like to participate or volunteer in any way! Thank you so much for your continued support and loving ways!

Blessings in Song,
Michele VanHoose



The Metaphysician

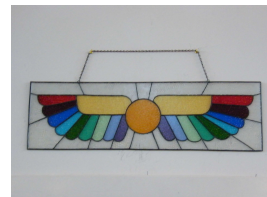
When I think of "Life 101" or the "School of Life" I am reminded of two things. The first is an understanding of the basics, the fundamental and essential qualities that we harbor within us. These are the primary tools we depend on to move through the everyday situations of life with consistency and regularity. Such basic tools allow us to approach life with evenness and a sense of control. The second thing I think of is how we develop and expand upon the basics we have in place. When we master and cultivate the basics we begin to move through everyday life with a sense of grace and beauty. We may plant a seed into the ground and watch it grow, neglecting what it really requires to flourish to its full potential, but if we are willing to nurture and support the seed in the way it truly deserves, the seed will grow with the intelligence of splendor and magnificence. That single seed will be the template and model of absolute loveliness through which the rest of our garden develops.

Many perceive the "School of Life" as being the straightforward process of learning new things we did not know before they were shown to us. From my short time as a Student of Truth I now maintain a different point of view. My perception is that the "School of Life" is actually a process of remembering. This is a difficult concept for many to grasp at first, but let me put it to you this way: "We are not in the process of learning to become the Christ, we are in the process of remembering that we are the Christ." It is one thing to know that we have the basics to get through everyday life, and it is completely another thing to know that when the basics are polished and improved upon we approach every person, circumstance, and situation with a distinguished elegance and awareness. The awareness that I am speaking of is one of Higher Consciousness.

In Unity we see Jesus Christ as the pattern through which we are also capable of expressing our Higher Consciousness, and unlike traditional religious denominations not merely a person or historical figure which we praise and glorify. As Paul Hasselbeck states in his book *Heart-Centered Metaphysics*, Jesus Christ is the name that identifies the individual who perfectly understands their Divine Nature and fully demonstrates their Divine Potential. In the "School of Life" our only job is to remember that we are that individual, the Christ. Your job is to sharpen and enhance upon the basics that have already been given to you to live life with the intentional effortlessness of demonstrating all the magnificence and brilliance you already are! I am looking forward this month to remembering what those basics are!

Peace and Blessings,
Christopher Czarnecki

"This is indeed the prophet who is to come into the world." (John 6:14)



Welcome New Member Francesca Czarnecki



Francesca Czarnecki's son Christopher brought her to Unity Church of Peace. She likes the emphasis on prayer and meditation and Rev. Sallie's lessons.

Francesca has 3 sons, Raymond, Christopher and Matthew. She loves to volunteer. She is an usher at church and she volunteers at St. Luke's Hospice. She has also volunteered for the Adopt-A-Highway program.

Francesca works part-time in business development for Dodge/Chrysler/Jeep. She owns her own business to help get people properly protected, debt free and financially independent and offers financial education.

She walks at Powder Valley and hikes. She recently hiked at Hahn State Park. She also likes Webster Repertory Theatre.

Words of Wisdom which have guided her in her personal life are: Stay positive. Be grateful everyday! Share your joy.

Her most favorite quote: "My deepest fear is not that I'm inadequate. My deepest fear is that I am powerful beyond measure. It is my light, not my darkness that most frightens me. I ask myself, who am I to be brilliant, gorgeous, talented, and fabulous? Actually who am I not to be? I am a child of God. My playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around me. I am meant to shine as children do. I was born to make manifest the glory of God that is within; me. It's not just in me; it's in everyone. And as I let my own light shine, I unconsciously give other people permission to do the same. As I am liberated from my own fear, my presence automatically liberates others."

From "Everyday Grace" by Marianne Williamson

Welcome New Member Nora Tierney-Peterson



Nora Tierney, AKA Nora Tierney-Peterson, has a strong Unity background from her life in the Pacific Northwest, where, for her, is home. She and her husband of fifteen years, Rolly Peterson, had been searching for a church in St. Louis that felt right for them. They found that church at Unity Church of Peace.

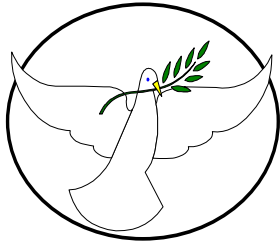
Fifteen years ago, at the reception following his son's wedding, Rolly asked her to dance. They immediately recognized the gift from Spirit. They have been swaying to the dance of Rolly and Nora through all of the years since.

They are blessed to have a family of 4 adult children and 9 grandchildren. The 9th was born in August. They are traveling to see family in the Pacific Northwest this month.

Nora loves the arts, especially drama and music. Her passion is the ocean, where she can plug into the Universe and where she is renewed and feels a part of the greatness and immensity of Spirit.

A quote that is meaningful to Nora is: Two roads diverged in the woods and I, I took the one less passed by, and that has made all the difference.





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3701 Bayless Ave.
St. Louis, MO 63125

Address Service Requested

Office Information

Minister: Reverend Sallie Fox

Days off: Monday and Tuesday

Confidential Messages: Call (314) 631-2466 ext. 1
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Office Manager: Gwen Yannayon

Office Hours: Mon. - Fri. 10:00 am – 3:30 pm

Board of Trustees

President: Joan Langer

Vice President: Salle Warden

Co-Secretary: Christopher Czarnecki

Treasurer: Bonnie Faraone

Trustee: Jeanne Parker

Trustee: Randi Voirol

Church Staff

Gwen Yannayon - Office Manager

Michele VanHoose - Music Director

Judy Moebeck - Pianist

Mike Shields - Custodian

Orion Madsen - Sound Tech

Chaplain's Hotline: (314) 631-2466 ext. 3

Web Master: Ty Norton

Youth Education Director - Rev. Sallie Fox

Sunday School Teachers: Serene Bardol, Uriel Starbuck, Christopher Czarnecki, Michelle McKnight, Randi Voirol, Crystal Channell, Sandy Manz, Audrey Lafser, Bonnie Faraone, Beth Conway

Uniteen Teachers: David Yannayon, Colleen Forrest, Jeanne Hahn, Judy Townsend

Youth of Unity Sponsor - Colleen Forrest

Invaluable Volunteers

Bookstore: Carol Powers, Marty Thurman, and Randi Voirol

Newsletter Editor: Jeanne Parker

Sacred Service Coordinator: Barbara Gallo

Feed My People Representative: Ann Corrigan

Meditation Garden Angel: Judy Townsend

Sound Booth: David Yannayon