

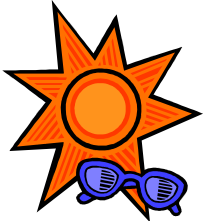
Unity Church of Peace

Spiritual Center of St. Louis

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August 2011

Theme: *Jesus' Healing Ministry*

Lesson Titles:

- August 7 "Love Casts out Fear"
Guest Musicians - Georgy Rock & Mr. Dill
- August 14 "Open My Eyes"
- August 21 "Stand up and Walk"
- August 28 "To Be Whole" - Guest Speaker:
Vernetta Holmes, L.U.T.

August Affirmation

*"Centered in the love and peace of God,
I have nothing to fear."*

Special Event

Friday, Aug. 12th
Unity Cafe with Georgy
Rock & Mr. Dill
and the VanHoose
Family Band
6:30 p.m.

Sneak Preview

Starting Thursday,
September 1st
New Course
Metaphysics I - Part 1
6:30 - 8:45 p.m.

Sunday, Sept. 11th
Unity Church of Peace
Picnic

Sunday, Sept. 18th
Annual membership
meeting

Minister's Message



Dear Unity Friends,

I hope you are enjoying the summer, wherever you may be. At Unity Church of Peace, we continue to grow in peaceful, joyful and loving ways, thank you, God!

Our theme for the month of August is, *Jesus' Healing Ministry*, and all of the Sunday lessons will explore this topic, as we delve into the deeper metaphysical understandings of the stories.

Jesus' healing stories are especially relevant for us in Unity, since our movement was actually inspired by the healing that co-founder, Myrtle Fillmore, experienced as a result of the New Thought ideas she fully embraced.

Myrtle realized, as did Jesus, that the secret of healing, whether it is physical, emotional or spiritual, is the conscious recognition and acknowledgement of spiritual perfection and wholeness in the person who is experiencing a sense of limitation. The main ingredient needed for this recognition to take place is spiritual power of faith.

In Unity's glossary, *The Revealing Word*, faith is defined as, "*The perceiving power of the mind, linked with the power to shape substance....Faith is a deep inner knowing that that which is sought is already ours for the taking*" (p.67).

In Jesus' healing ministry, he "*encouraged his followers to take him as a pattern for faith and to use the power of thought and word.*" In most instances, Jesus called upon those he healed to have faith, and used that person's own faith as a point of mental and spiritual contact, in order to release the "*latent energy in the atomic structure of the ones in need of healing, and they were restored to health.*" (p.69)

In some of the instances of Jesus' healings, it was not even necessary for the afflicted person to be in his presence. In many other accounts of healings, Jesus merely spoke a few words. But in others, he performed some kind of act, such as putting mud on a blind man's eyes. This type of action, whether it involves hands-on healing, other types of treatment, or medication, is often effective in helping to strengthen our faith in the possibility of healing.

Sometimes our healing can be instantaneous and complete; other times, it may be gradual and partial. The fact is that healing on all levels is not only possible, but is, I believe, the main function of our existence in this physical realm. Only as we are healed - in body, mind, and Spirit - can we fulfill our true divine purpose - to be the expression and manifestation of the love of God!

On August 28th, our guest speaker will be Vernetta Holmes, Licensed Unity Teacher, who will give a lesson in line with the theme of healing, titled, "*To Be Whole*".

Throughout this month, I invite you to affirm with me often, and with enthusiasm, "*Centered in the love and peace of God, I have nothing to fear.*" Please remember that God is blessing you now, and always!

Blessings of Love and Peace,
Reverend Sallie Fox



President's Notes

Dear Friends,

At one of our recent Sunday services, one of our members decided to distribute a wonderful collection of *Daily Word* excerpts to be used by us to enhance our daily prayer time. This person issued a "thirty day challenge" for us to read these excerpts daily. It has been a great blessing to me to feel those powerful words and thoughts being absorbed day after day.

Spirit seems to be guiding me to certain parts of this collection more than others. Before I start the readings, I pray from the Grace Chant, "Reveal that which needs to be revealed; heal that which needs to be healed, so that I may glorify God." Invariably, my eyes come to rest on a passage that is just what I need to clarify an issue in my life or support me in doing what I know should be done. I am excited about the real spiritual and emotional healing that is taking place as I let the "Word" enter my consciousness.

I am grateful to be part of a Church Family in which I can be fed spiritually not just by the Sunday lesson from our Minister, but by all of the members who contribute all of these incredible ideas for spiritual development. Thank you, Urial for the *Daily Word* exercise. Thank you all for the "Inspirational Quotes" which were shared several Sundays ago which gave me the idea to use the Grace Chant as an intro to my readings.

Every one of us can be a teacher and a healer in ways we never dreamed of just by sharing all of the good things Spirit has given us to share.

In Love and Gratitude,
Joan Langer

Tidings from the Treasurer

Hi Everyone,

I think our financial picture looks pretty good, considering it is still summer. Thanks to all of you who made this possible.

The sign fund is moving along nicely and thanks to the gauge Mike made, we can monitor it weekly.

Gwen, our Office Manager, continues to do a good job on the finances.

Randi Voirol came on the Board to take the place of Heather Turek, who resigned. I have been showing her our finances, many of which she is already in tune with. If elected in September she will make an excellent treasurer, as I am sure the others up for election would also.

At any rate I know that when I leave the Board everything will be in good hands.

Blessings,
Bonnie Faraone
Treasurer of the Board

**Unity Café**

Mark your calendars for the next **Unity Café**, on **Friday, August 12th**, featuring the marvelous sounds of **Georgy Rock and Mr. Dill**, and our own **VanHoose Family Band**. The fun starts at 6:30 p.m. with snacks and fellowship, so please bring something munchable to share. Invite your family and friends of all ages!



Page Turner

Hello everyone,

We hope you are all enjoying your summer so far. We are staying busy in the BOOK NOOK, we have new books, new Roses for dedication, CDs, greeting cards and Unity Pamphlets. PLEASE CHECK US OUT.

We are sorry about running out of the *Daily Word* magazine. We will be increasing our order so hopefully we will have enough copies of the SEPT./OCT. edition for all who want them.

The *Daily Word Magazine* now covers 2 months, and the new price is \$5.95, which is three dollars for each month; not a bad price for great reading.

NAMASTE,
Marty, Randi and Carol

New Church Sign

We are making progress toward raising sufficient funds for our new church sign. So far, we have received \$1,480.42 in donations, for which we are extremely grateful! Let's all envision our beautiful, new sign already out there, informing our community about the wonderful ministries we have here at UCOP! Thank you, God!!

Please join us in affirming: **"We see our beautiful new sign already in place, shining brightly, and representing Unity Church of Peace, as an inspirational beacon of spiritual light to our community!"**

Unity Light Seekers

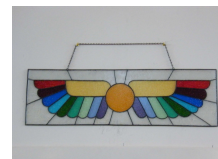
Our speaker in June was Melvin Bell, a prostate cancer survivor. He gave us valuable information on the importance of EARLY DETECTION thru monitoring PSA levels and doctor check ups. Melvin is a speaker for a support group, EMPOWERMENT NETWORK INC., formed by Isadore Wayne Sr. 9 years ago with 2 people. It has grown to include 200 people. Melvin also talked of his own personal experience with prostate cancer and his involvement with the support group. We received interesting handouts and left feeling a bit more informed than when we came in. EARLY DETECTION is the key to surviving prostate cancer. Melvin also stressed good eating habits, relying heavily on fruits and vegetables, and the importance of daily exercise. These two lifestyle changes would improve all of our lives for sure. A huge THANK YOU to Melvin and the Empowerment Network.

Once again we invite everyone to come to our meetings. We meet the fourth Tuesday of each month in FELLOWSHIP HALL, at 11:00 a.m. We each bring a sack lunch to enjoy after the meeting and have fellowship with each other.

We also now have our meetings advertised on YELLOW FLYERS, look for them with the latest information on our upcoming meeting. Joyce Jackson is in charge of doing the flyers; you will find one on our COMMUNICATION Board in Fellowship Hall. Thank you Joyce.

Have a great August.

Blessings and Love,
Joyce Jackson and Carol Powers



Happy Birthday!

Chris Graves	Aug. 5
Addie Jennings	Aug. 5
Joyce Jackson	Aug. 7
Theresa Crane	Aug. 8
Chris Czarnecki	Aug. 10
Beverly Hackman	Aug. 10
Lana Halwe	Aug. 12
Heather Crider	Aug. 13
Lois Maddox	Aug. 16
Elizabeth Kallembach	Aug. 18
Brian Davis	Aug. 23
Ron Jones	Aug. 28
Cheryl Hale	Aug. 30



We hope you will join us after church for a special birthday celebration on the second Sunday of the month, August 14th, in Fellowship Hall.

Musical Musings

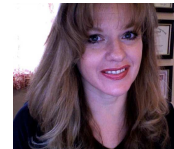


Happy August everyone!

We have the fabulous Georgy Rock and Mr. Dill visiting us on August 7th for our worship service. If you have never seen them, you will not want to miss it!

Also, on August 12th, we will have these two special, talented guests again! They are performing at our Unity Café, and the VanHoose Family Band will be joining them! The event starts at 6:30 p.m. with music at 7:00 p.m. If you would like to volunteer by setting up, bringing food and drink, or cleaning up, please let Jeanne Hahn or Michele VanHoose know.

Blessings in Song,
Michele VanHoose



New Course

Rev. Sallie will be teaching a course called, **Metaphysics I - Part 1**, on five consecutive Thursdays, from 6:30 - 8:45 p.m., beginning September 1st. The required text, *Heart Centered Metaphysics*, by Rev. Paul Hasselbeck, costs \$24.95, and payment must accompany all orders.

Suggested love offering for this course is \$17 per class (\$85), but a discount of \$2 per class will be applied if you would like to pay in full by the first class (\$75). This is a required course for Unity SEE credit toward licensing, but you do not have to take it for credit.

The course will explore some of the fundamental principles of spiritual law and how they can be applied to our lives for greater love, health, and prosperity. Some topics explored will be: metaphysics and truth, life as consciousness; self-knowledge; spiritual evolution; building consciousness; our purpose; divine will, divine plan & divine guidance; prayer; the silence; and meditation.

Please sign up on the blue sheet on the News Nook table at church, or call or write the office manager.

The Chaplain Lighthouse

Words from a Student of Truth



Jesus taught that we should love our neighbor as ourselves. Many times we remind ourselves inwardly to treat our neighbor well, but then we demean ourselves for not doing a "good enough" job in a particular role. Recently I caught myself doing this. In my role as Prayer Chaplain I was concerned that I might appear unapproachable to those who do not know me. Sometimes in my role as parent or grandparent I feel inadequate too.

A while back Rev. Sallie talked about not ever condemning ourselves or use the "I AM" in a detrimental way by adding any negative to this phrase.

Consider this: We are part of a beautiful and positive Spirit so we must strive to stay aware and keep positive to know that this Spirit will turn any negative into a positive if we believe it. So, if we stay positive we will be helping to expand the work of this beautiful Spirit. Our world will be a better place and we will be better people.

I believe Jesus assumed that we would naturally love ourselves when he gave the instruction to love our neighbor, so please don't forget to be gentle and love yourself.

If you have a special need or just want a prayer, don't forget the Prayer Chaplain line at 314-631-2466 ext. 3. Leave your name and number, and one of the Chaplains will call you back.



Unity Church of Peace Picnic

Please join us for our all church picnic on Sunday, September 11th, immediately following the service. We will feast and frolic this year in Carondelet Park, off of Loughborough Ave., at the Pavilion #1. The pavilion at our site is painted white, has electricity, a BBQ pit, a nearby restroom, and 10 picnic tables.

There is a **sign up sheet** on the News Nook table. Please let us know if you plan to attend the picnic, what food or beverage items you can bring, and whether you will be available to help with set up, grilling, games, and/or clean up. The church will supply and grill hotdogs, hamburgers, and veggie burgers.

Let's have a marvelous time outdoors together, celebrating our Unity! And don't forget to wear your Unity Church of Peace T-shirt! If you would like to **order a T-shirt**, please sign the sheet at the News Nook table.



Board of Trustees Candidates**Randi Voirol**

I was first introduced to UCOP when I was married here on October 6, 1973. I did not become a member until sometime in the 80s. I was active in UCOP through the mid 90s, when I served on the Board as secretary.

I was away for several years with some personal issues, and since I have been back for a few months I have found my peace of mind and spirit once again. I enjoy being active in our fellowship as it fulfills me in so many ways.

Some of my past experience: I joined a company in 1978, where I was a buyer. I eventually became the Purchasing Manager and stayed with that company for 17 years. I felt I needed a change so I went to work for a small Point of Sales Computer Company in the late 90s. Being a small company I learned it all, from purchasing to making collection calls and everything in between. As this company grew I managed the Customer Service Department for a few years. The company was then bought and ended up folding.

My former boss and I started another Point of Sales Computer Company in August of 2003. The company has grown by leaps and bounds. I am presently the Controller and manage all finances, as well as human resources, purchasing and customer service.

Although I have an Associate's Degree in Business I have learned a great deal through the years of hard work and hands on.

I would be proud to serve as Treasurer of UCOP and share my past experience in whatever capacity is needed.

Randi

Sandra Manz

My name is Sandra Lynn Manz. I was born and raised in St. Louis. I graduated from Bayless High School in 1977. I am married to a wonderful man, Larry Manz. We were married at First Unity Church in 1981. We have a son name Adam Manz. He will be eighteen in August. I work for the St. Louis County Government Center in Clayton.

I was a volunteer teacher for College for Living which teaches life skills to adults with special needs. It was very rewarding and I enjoyed it immensely. I volunteered to teach Sunday School at First Unity Church. I was the superintendent of the Sunday School for ten years. I volunteered for the Sunday School here to do a craft activity pertaining to God and Unity once a month. I have been doing this for a few years and enjoy it very much.

Sandra

Board of Trustees Candidate**Cindy Sullivan**

Background/History: My faith tradition is Catholic and while I was born and raised in St. Louis/University City area, I have lived in many different parts of the country. Most recently, I lived in San Diego, CA which was a wonderful place to live, so close to the Pacific Ocean. I've been back in St. Louis for about three years. I'm single and currently "in between jobs"! My college degree is in Communications, and I have over 20 years of work experience with a focus on Marketing/Communications and also Development/Fundraising. I have wonderful family here in the St. Louis/Midwest area that includes my dad (Lake of Ozarks), two sisters, four grown children and their families which include 5 grandchildren with a new baby due in October! I enjoy music/concerts, movies and have a passion for quilting! I currently live in South City/Holly Hills.

Church Membership: Although I have only been a member of Unity Church of Peace for a little more than one year, it sure feels like home to me! While I began my spiritual journey into New Thought several years ago, I had been searching for a church community to support me on my path. I'm definitely an extrovert and love people. Unity Church of Peace offers me so many wonderful activities and programs and I've been active from almost the first day! I have participated in Sacred Service, helped with Fellowship and fundraising events and enjoyed taking classes. Last fall I said yes to being part of the Prayer Chaplain program, and this past winter I worked in the office during the transition between Office Managers. I rarely miss services on Sunday!

Leadership: I strongly believe that each and every member of our church is qualified to serve on the Board. Each of us offers unique gifts and talents that are needed to ensure the success of our mission. We are ONE and it takes each of us doing our part as best we can to serve one another and our church family. So, I'm willing to serve my time on the board not because of any special qualities or interests, but because I am committed to keeping our church alive and thriving. When we choose people to serve on the Board, we are asking them to represent us and take leadership in decisions and direction for all of us. If I am chosen, I know that I do not serve alone or just with the other 5 members and Rev. Sallie. My goals as a Board member would be to continue to improve our communications with one another and strengthen our commitment to prosperity so that we can continue to be the spiritual center of St. Louis! I appreciate the encouragement and support I have received and look forward to continuing my membership at Unity Church of Peace for many more years to come!

Thanks!
Cindy Sullivan

Board of Trustees Candidate**Linda Boyer**

I believe prayer and meditation leads me to do the next right thing. Participating on the Board of Trustees of Unity Church of Peace has been a quiet urging the past several months. My mother, Dorothy Boyer, has always participated in church service preparation and has passed on to her daughters the responsibility of giving back tenfold to church and community. I realize that in giving I receive and by serving I can get out of myself and contribute to a much grander cause.

In 1984 I discovered Unity by attending services with friends in Houston and was fortunate to meet Rev. Sig Paulson and his wife Janie, who gently provided inspiration to transform and make many changes in our lives.

I served at the golden pyramid Unity in Houston, Texas by being a Sunday School teacher to the Super Smilers elementary school age children and being a money counter at the late service. During this time Unity began a Master Mind Prayer Group, and my group prayer helped pray me to Sedona, AZ where I easily located a job, an artist's glass studio to reside in, and a lovely locale in which to backpack and hike. Sedona Unity Church has glass around the sides of the building wherein Mother Nature is enjoyed during the wonderful services.

I then relocated to Scottsdale to begin a new job on a Native American Indian Reservation and began attending a small Unity Church with Rev. Richard Rogers. A few years later we built a beautiful modern, large capacity Unity home and elementary school to accommodate many more people and children that followed the calling to Unity!

Due to my mother's illness and kids residing in St. Louis, I relocated back to my hometown about 6 years ago. I purchased a condominium and was on the board of

Directors for the entire condominium community. I served about two years on this Board. We discussed solutions to buildings, flooding, lawn care, roofing, gutters, sewer drainage, swimming pool, and community center usage problems. I feel the community functioned more productively and smoothly during my term.

I have a Master's Degree, and in order to obtain the degree I had to possess tenacity, perseverance and a commitment to not allowing obstacles to stop me! Step by step and day by day, these skills were utilized, gradually letting go of the past and remembering that tomorrow is not here yet. Decisions made today we will live into tomorrow. If my serving on the Board of Trustees is God's will then so be it. I will be part of the group conscience and flow with God's conscience in making the highest and best decisions for Unity Church of Peace.

Respectfully,
Linda Boyer

Board of Trustees Candidate

Carman Hogan

Unity has been my lifetime religion and direction, and I was baptized at this church as a child. It was always so important to me that I remember doing a school paper about Unity in the 9th grade, using *The Story of Unity* as background information.

I have worked in health care most of my life, beginning in Respiratory Therapy, and moving on to Cardiac and Vascular Ultrasound. I obtained my Registry credentials in Cardiac Care in 1985, and am currently working on Vascular credentials. I went to Meramec Junior College in my late thirties and early forties, and received my Associate Degree in General Studies.

This is my first marriage to my husband, Tom. I married at age 44 - late bloomer. Tom has three children, all in their forties, and we have six grandchildren.

My father died when I was 25 years of age, and you all know my wonderful mother, Irene Strain, and my really great step-dad, Will Strain. I have an older sister, who is also my best friend, and a younger brother, who is my biking buddy, and with whom I ride way too infrequently. I am an avid exerciser, and biking is one of my favorite things to do.

I have been working part-time since Tom and I married, and now he is retired. We travel when we can, often back to his hometown, Dubuque, Iowa, and sometimes to Colorado, where his daughter lives. We have a nice, comfortable home in the South County area.

I would like to commit my time to being on the Board of UCOP, and am grateful for an opportunity to serve the community and its loving members. This would be a perfect chance to give a little bit back to the place where I get so much good. When we were looking for a new minister several years ago, I was really thankful that Rev. Sallie took the job. She has given so much new, needed energy to our church community. It would be a pleasure working with her, as well as the other Board members.


Thanks for your consideration.



School Supplies for Bayless Schools



School will be starting soon and many families do not have the means to purchase all the supplies that their children need. Please help by bringing in any of the following supplies:

Book bags		Pens
pencils		colored pencils
Erasers		rulers
3-ring binders		Loose leaf paper
spiral notebooks		glue/glue sticks
crayons		2-pocket folders

Also, for the classrooms, kleenex and hand sanitizer would be appreciated.

Place the items in the designated area in Fellowship Hall.

Thank you.

Prayer Corner



Health and Wholeness

***I think thoughts and speak words
of health and wholeness.***

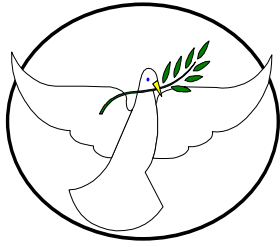
Only thoughts of health and wholeness linger in my mind, and only words expressing radiant health and strength are in my conversations.

I think about the things I love to do as a strong and healthy child of God. If I am not able to do these things at this time, I hold to a vision that moves me toward health and wholeness.

I build a vocabulary of healing words of life and sprinkle them through my conversations. I fill my mind with love, joy, and the renewing life of God. In the quiet of my own being, I let these ideas work.

Then, as I go about my daily activities, I expect to be healthy and strong. I rejoice and give thanks for the health I am expressing now.

***"The centurion answered, 'Lord...only speak
the word, and my servant will be healed.'"***
—Matthew 8:8



Unity Church of Peace

3701 Bayless Ave.
St. Louis, MO 63125

Address Service Requested

Office Information

Minister: Reverend Sallie Fox

Days off: Monday and Tuesday

Confidential Messages: Call (314) 631-2466 ext. 1
(checked daily)

Office Manager: Gwen Yannayon

Office Hours: Mon. - Fri. 10:00 am – 3:30 pm

Board of Trustees

President: Joan Langer

Vice President: Salle Warden

Co-Secretary: Christopher Czarnecki

Treasurer: Bonnie Faraone

Trustee: Jeanne Parker

Trustee: Randi Voirol

Church Staff

Gwen Yannayon - Office Manager

Michele VanHoose - Music Director

Judy Moebeck - Pianist

Mike Shields - Custodian

Orion Madsen - Sound Tech

Chaplain's Hotline: (314) 631-2466 ext. 3

Web Master: Ty Norton

Youth Education Director - Rev. Sallie Fox

Sunday School Teachers: Serene Bardol, Uriel Starbuck, Christopher Czarnecki, Michelle McKnight, Randi Voirol, Crystal Channell, Sandy Manz, Audrey Lafser, Bonnie Faraone, Beth Conway

Uniteen Teachers: David Yannayon, Colleen Forrest, Jeanne Hahn, Judy Townsend

Youth of Unity Sponsor - Colleen Forrest

Invaluable Volunteers

Bookstore: Carol Powers, Marty Thurman, and Randi Voirol

Newsletter Editor: Jeanne Parker

Sacred Service Coordinator: Barbara Gallo

Feed My People Representative: Ann Corrigan

Meditation Garden Angel: Judy Townsend

Sound Booth: David Yannayon & Mike Balota.