

Unity Church of Peace

Spiritual Center of St. Louis

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October 2011



Theme: "The Light of Spirit"

Lesson Titles:

- Oct. 2 - Guest Speaker, Rev. Le Remington -
"I've Got You, Babe!"
- Oct. 9 - Rev. Sallie hosts Guest Speakers, Bukeka Shoals
and Chaz Wesley - *"The Power of Appreciation"*
- Oct. 16 - *"I See You"*
- Oct. 23 - Guest Speaker, Stephanie Wilson-Coleman
- Oct. 30 - *"Don't Be Spooked!"*

October Affirmation

"I am the light of Spirit that shines in the darkness."

Special Events

Unity Village Trip
Sat. & Sun.,
Oct. 1-2
see page 3

Garden Day
Saturday, Oct. 8th
9:00 - 11:00 a.m.
see page 2

Halloween Chili/
Soup Cook Off
Sunday, Oct. 30th
see page 3

Sneak Preview

All Unity Thanksgiving
service at Unity
Church of Light, in St.
Charles, Wednesday,
November 23rd, at
7:00 p.m.

Minister's Message



Dear Unity Friends,

Happy autumn to you all! As I write this letter, we are finally feeling the first truly cool days of fall, and what a relief it is after the heat that we experienced this summer. Autumn is my favorite time of year, as I celebrate nature's release of all her unneeded belongings, in preparation for the big sleep of winter and the new birth that will eventually come forth.

We have an exciting month of October ahead at the church, with our theme of "*The Light of Spirit*".

We start the month off on October 2nd with our guest speaker, Rev. Le Remington, who will give a lesson titled, "*I've Got You, Babe!*" Rev. Le always has inspirational words and experiences to share, so you won't want to miss her!

On October 9th, I will be hosting guest speakers, Bukeka Newby Shoals and Chaz Wesley from Kansas City, who will speak on "*The Power of Appreciation*".

On Oct. 16th, we will explore the true meaning of relationship and compassion, in a lesson called, "*I See You*".

On Oct. 23rd, we welcome for the first time Guest Speaker, Stephanie Wilson-Coleman.

Finally, on Oct. 30th, in celebration of Halloween, I will speak about how we in Unity can learn to face, and move quickly through, any kind of fear, into the light of Truth, in a lesson titled, "*Don't Be Spooked!*"

Have a wonderful autumn, and throughout this month, I invite you to affirm with me often, and with enthusiasm, "***I am the light of Spirit that shines in the darkness!***" And remember that God is blessing you now and always!



Love and Blessings of Peace,
Reverend Sallie Fox

Nite Nite, Garden...



October 8, at 9:00 a.m., is the last in a series of very successful mini garden cleanups this year. We have been so grateful and surprised at the wonderful people that have turned out at our two hour get-together's. In September there were 7 angels that worked. Some removed Ivy, some trimmed. Each person took ownership of something. Teamwork was extraordinary. In October we will be finishing the trimming, cutting tall grass back, putting fountains and plaques away, and possibly adding a little more mulch and pebbles in areas that need it. We have a blast.

We really need to pull up the black plastic edging along the garden path as it is bent and uneven. But we need replacement edging. If anyone would like to donate a little cash toward this, we need about 30 ft. It is best to use metal this time which is more durable. Cost is in the range of \$75 with the stakes.

Love,
Judy T., Shelly S., Bev H., Linda B.,
Linda D., Mike M., Mary M., Milt L,
and Dan M.

PS. Dan has been tending a small watermelon patch in one of our islands. He has taken an oath that he did not plant it. None the less, it has a watermelon on it! Others have been eaten by squirrels. Way to go Dan! Where did you want that church garden?

President's Notes

Dear Friends,

This morning Spirit chose my topic. Each morning I wake up listening to NPR, and the interview this Friday was of an elderly woman retelling her great aunt's stories about being a young woman in the South after the Civil War. Her aunt was sixteen when the Civil War ended. She was illiterate. She said that being unable to read and write was like being a jigsaw puzzle with some of the pieces missing. At the age of 85 this woman decided that she had had enough of that. She decided at long last, to learn to read and write, and with the help of grandchildren and others, she achieved her dream. "I may have been emancipated after the Civil War" she said, "but the day I could spell my name was the day I felt truly free." By the way, the Daily Word this morning was "Free," "I release what does not serve me and freely claim my good."

Even though I know I am free in Spirit, how often do I act on that knowledge? Do I make a daily commitment to live as a confident, joyful child of God? Do I approach each task and duty as an opportunity to serve rather than another burden? Do I relate to others with compassion and respect knowing that I have nothing to prove, only love to express? Do I quickly let go of resentments knowing that I am the only one that they damage? Do I expect the best and give thanks for everything, even when it is not what I expected?

I will think of that eighty-five year old woman, who claimed her freedom, each time I am tempted to stay in bondage to some habit or way of being that does not serve my highest good. From now on, may I never fear to take that first step. Thank you, God, for all of the many messengers through which you reveal your Truth.

Love and Peace,
Joan Langer

Unity Village Trip

On **October 1-2, 2011**, Rev. Sallie Fox will be accompanying a group of men and women from Unity Church of Peace to wonderful **Unity Village**, in Lee's Summit, MO.

We will meet at the Village early Saturday afternoon, explore the Village grounds on a free walking tour, pray in the Peace Chapel, walk the labyrinth, and relax. We will attend one or more of the great Unity churches in the area on Sunday morning before returning to St. Louis.

The drive to Lee's Summit takes approximately 3.5 - 4 hours. Accommodations at the Village range from \$54 - \$89, not including meals. You will need to contact Unity Village to make your own arrangements. You can call: 1-866-348-6489 (1-866-34-UNITY) and select option #2, or email them at:

www.unityworldwideministries.org

When the main menu comes up, click on "Events", and then "Unity Village Accommodations". There is a sign-up sheet in Fellowship Hall, so please sign up soon!

Halloween Chili/Soup Cook Off

'Tis the season for warm foods, so please join us for our special Halloween Chili/Soup Cook Off on Sunday, October 30, right after the service. Bring your family and friends, along with your favorite chili or soup to share. The tastiest dish will win a special prize! The kids can wear their Halloween costumes and do some trick or treating right here in Fellowship Hall. See you there!



Page Turner

HAPPY FALL TO YOU ALL.

We hope we will see you in the Book Nook searching out a good book to read as the weather turns colder. We will be changing our look soon; we are trying to have a more open, inviting feel so more of you will come in, browse and enjoy your Book Nook.

We have increased our supply of *Daily Word* Magazines so those of you who do not subscribe can come and get a copy. They cost \$5.95 now, and contain two months of daily prayers plus interesting articles and testimonials. We also carry *Unity Magazine*, which always has good articles involving spiritual experiences. These two periodicals can lift your spirits and make you feel better. Try one or both.

The Book Nook is open after church until 12:30; and we encourage you to pay with cash or check, since we do not keep cash in the Book Nook. We appreciate your cooperation with this.

We have CDs of our Sunday Service available for you, a real bargain for \$3.50. We have a sign-up sheet on the table in the Book Nook; and if it is a good day we may be able to burn the CD for you the same day. If you purchase a CD that has defects please let us know and we will replace it free of charge.

We also have beautiful roses for you to dedicate to someone special. Talk to the Book Nook volunteer about this. Roses are \$5.00 each and will be presented during the service, to your special person, either by Rev. Sallie or by you. **THINK ABOUT SOMEONE WHO HAS BEEN HELPFUL IN YOUR LIFE.**

We continue to pray for a volunteer to help us in the Book Nook. It is not difficult and you get to meet new people and see

what is available. Just stop by the Book Nook and let the volunteer know you are interested, talk to Rev. Sallie, or call the office.

Namaste,
Carol Powers, Marty Thurman,
Renee Voirol, and Shelley Sdun

Happy Birthday!

Francesca Czarnecki	Oct. 6
Irene Strain	Oct. 7
Tami Luellen	Oct. 12
Gail Richmond	Oct. 16
Tessa Harmon	Oct. 18
Harold Colin	Oct. 20
Holly Bulfin	Oct. 23
Ron Hart	Oct. 23
John Guth	Oct. 25
Dan McGuire	Oct. 30
Pat Wendt	Oct. 30



We hope you will join us after church for a special birthday celebration on the second Sunday of the month, October 9th, in Fellowship Hall.

Unity Light Seekers

On August 23rd we had a very informative, interesting meeting. Our speaker was Karen Riley, the Volunteer Coordinator from St. Luke's Hospice. She brought Nicole Kirk, an RN in the hospice program, with her. We learned that hospice is a two way street. A person can enter the hospice program, and if things get better they can choose to get out of it. They can enter again if they wish.

Hospice is interested in our quality of life and has many people on the team caring for each client. There are aides to help with cleaning, if needed. There is bedside care, pastoral care and pretty much whatever you need; and there are social workers available to help. You do have to have folks lined up to care for you on a 24-hour basis. Hospice supplements what you already have lined up. They supply equipment, beds, oxygen, and medicine for pain. In Hospice care they do not do anything to prolong a life. There is no chemo therapy, no radiation treatments etc.. Hospice is for people who have come to terms with the finality of life and their disease process, but like they said, a client can always change their mind.

We were also given a bit of Hospice History. There are 2,600 plus Hospice programs in the United States, 32 in the St. Louis area. The Hospice movement was started in the 1960's in England and came to the U.S. in 1971. New Haven Connecticut had the first Hospice program in the U.S. Hospice is interested in the quality of life. The people who work in Hospice care like to see people enjoy whatever time is left, and they include families in planning care.

We would like to thank our own Francesca Czarnecki, who is a long time volunteer with the Hospice Program, for

Continued on page 6



Musical Musings

An amazing month is ahead of us! I love the fall; and October happens to be the best month of the year, if you ask me! We have an amazing month of music ahead too!

Please remember that Bukeka Shoals and Chaz Wesley will be here on October 9th to share their wonderful music talents!

Our wonderful new MUSIC TEAM will be meeting on the following Sundays at 9:30 a.m. in Fellowship Hall. Those days will be: Oct. 2nd, 9th, 16th, and 23rd. I have emailed the Music Team, but if you would like to be a part of this fun, sacred service, please let me know! You can contact me at 314-807-6553. There is always room for more.

Thank you to everyone who helped with the Taco Bar Music Fundraiser! We made \$368! Remember, these funds go to bringing other musical talent into our spiritual community.

I am busy booking musical guests for the upcoming months. The Gateway to Agape choir will be coming, as well as Richard Mekdeci and Bradford Smith. Thank you for all that you do to support the musical efforts at Unity Church of Peace.

As Peter Mayer sings...

"Eyes will shine, but not as bright. Arms will hold but not as tight, when the word is only spoken. But give it feeling, give it rhyme, play it in four quarter time. Sing it with a heart wide open!"

That's what I do, as your musical director. I take the words of New Thought and play and sing them with a heart wide open! And so do you!

Blessings In Song,
Michele VanHoose



Unity Light Seekers

suggesting we invite St. Luke's to speak to our group.

This newsletter will be printed before the September meeting, with a guest speaker from FEED MY PEOPLE, so we will tell you about it in the November newsletter.

For our October 25th meeting, Marty Thurman will present a program with two women who played in the first organized women's baseball league. One of them is our very own Audrey Lafser.

We meet the fourth Tuesday of each month at 11:00 a.m. in Fellowship Hall. Everyone is invited. Please bring a sack lunch and visit after our guest presentation. We wish more of you would come join us. Watch for our YELLOW FLYERS for more details.

Blessings and Love,
Joyce Jackson, Carol Powers

All Unity
Thanksgiving Service



Mark your calendars NOW for the All Unity Thanksgiving service, to be held this year at Unity Church of Light, in St. Charles, on Wednesday, November 23rd, at 7:00 p.m. The service will be followed by fellowship. Rev. Sallie will be participating, so please come to represent our church and share your grateful heart!



Spiritual Movie Night
Friday, October 28, 2011

Please join us for snacks and fellowship at **6:30 p.m.** in Fellowship Hall. The movie starts upstairs in the sanctuary at **7:00 p.m.**

Our October Movie will be **LETTERS TO GOD**. This 114 minute PG-rated movie is ..."A must see for all families!" -- so KIDS of all ages are invited and welcome to attend.

Synopsis: Tyler Doherty is an extraordinary eight-year-old boy, armed with strong faith and courage as he faces his daily battle against cancer. Surrounded by a loving family and community, Tyler's prayers take the form of letters he sends to his ultimate pen pal, God, on a daily basis. **Letters to God** delivers a message of hope, faith, and courage that others can apply to their own personal struggles.

Suggested Love Offering is \$7/person. A sign up sheet will be available in the News Nook area.

Thank you for your support of Spiritual Movie Nigh at Unity Church of Peace.



The Chaplain Lighthouse

Wellness Calls from the Prayer Chaplains



For the past year, the Unity Church of Peace Prayer Chaplains have been making monthly calls to members. These calls are important as we continue to build a bridge of love and caring support for each other as church members. It is our intent to give you an opportunity to receive prayerful support and stay connected. All calls are held in confidence.

Each month, we divide the membership list and on a rotating basis, each of us dedicates time to contact those on our list. Often, our calls do not reach each member, but we do try and leave you a message. When we do reach someone on the other end of the call, we first ask if it is a convenient time to talk. We know you may not have expected a call at this time, but often, it is just the right time to pause and consider how prayer might powerfully affect your life -- right now in this moment.

Our prayer time with you may be different each time or with each Prayer Chaplain, however, our intent is always to hold the consciousness of Truth for your highest good. Often, we do not need many details and once we have prayed with you, we release and let go, knowing that all is well. As Prayer Chaplains, we will not be following up with you unless you request it. While we appreciate knowing that our calls and prayers are helpful, we are committed to holding sacred space, realizing the I AM or Christ Consciousness of each of us, leading to deeper understanding, a higher level of consciousness (Paul Hasselbeck).

As a reminder, we encourage you to use the confidential Prayer Chaplain Mailbox @ 314-631-2466, press 3 for your prayer requests. We will be happy to call you back, if requested. Your Prayer Chaplains are happy to serve your prayer needs. We love you!

Cindy Sullivan, Jeanne Hahn, Christopher Czarnicki

Prayer Corner



Spiritual Being

*The real me is a wise, healthy, flexible,
and free spiritual being!*

Sometimes life can take on a surreal quality. I may feel as if I do not fit in, even with those I have been closest to in the past.

Well, if such times do occur, I do not doubt my realness, which is my spirituality. That feeling of not fitting in is an indication that I am a work in progress, that I am alive and living!

Yet the essence of who I am—my spiritual identity—never changes. I am wise, healthy, flexible, and free through the spirit of God within me. I do not have to conform to trends and fads—not the real person who I am.

And the real me never shrinks from learning new things. An awareness of my spirituality is such a confidence booster that I live and learn while remaining ever true to my spiritual identity.

The real me is a free, spiritual being!

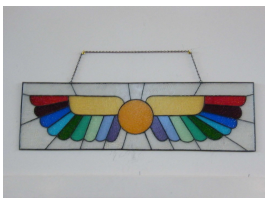
**“Now we have received not the
spirit of the world, but the Spirit
that is from God.”
—1 Corinthians 2:12**

My Grandma

By: Brooke Bialczak

My grandma has helped my whole family out. I really appreciate it a lot. My grandma is like a second mom to me. My family has had a lot going on in our lives. I don't want to go into detail. My grandma has been in my life since the day Jack, my brother, had cancer. My mom called her and told her what was going on with Jack. My grandma said I will come over and watch Brooke for you. When my grandma came over and stayed overnight with me, she and I sat on a chair in my living room and cried and prayed. My grandma is a wonderful person and she listens to you. I just want to thank you, grandma.

God Bless,
Brooke



eScrip Recycling Program

Unity Church of Peace has re-joined the **eScrip Recycling Program**.

This program is FREE and provides a convenient location in Fellowship Hall for **collecting laser printer and inkjet cartridges, used cell phones, iPods, laptops, digital cameras and GPS devices** while raising funds for our church.



How the program works: A cardboard collection bin, clearly marked and accessible, has been placed in **FELLOWSHIP HALL**. You can drop off your items whenever it's convenient for you. Periodically, we will ship the items collected to **eScrip Recycling**. They will then deposit funds electronically in our groups' account! It could not be simpler!

Did you know that every second, nine inkjet cartridges are thrown away? Help us turn this waste into CASH! Please donate your old cell phones, printer cartridges, and small electronics by placing them in our collection bin. Not only is this an easy way to raise funds, it also reminds each of us about the valuable lessons about the variety of materials that can be recycled.

This program cannot be successful without the support of YOU. Tell your friends and neighbors and see if you can collect ink cartridges from your workplace! If you would like more information about specific models or brands, please contact Cindy Sullivan.

Thank you for your help in our recycling fundraiser.

Office Information

Minister: Reverend Sallie Fox

Days off: Monday and Tuesday

Confidential Messages: Call (314) 631-2466 ext. 1
(checked daily)

Office Manager: Gwen Yannayon

Office Hours: Mon. - Fri. 10:00 am – 3:30 pm

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Youth Education Director - Rev. Sallie Fox

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