

Unity Church of Peace

Spiritual Center of St. Louis

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September 2010

Theme: What Is Our Church?

Lesson Titles:

September 5 - *The Lord's Prayer - Part 5:*
"God Meant It for Good"

September 12 - Guest Speaker: Rev. Le Remington
"It All Begins with a Dream"

September 19 - *"This Thing We Call Our Church"*

September 26 - *"If You Want to Taste, You Must
Open Your Mouth."*

September Affirmation

***I am dedicated to my spiritual path and
the good of my spiritual family.***

Save the Dates:

Sep. 19th
Annual Meeting

Oct. 3rd
Church Picnic - Bee Tree
Park

Oct. 17th
Cliff Rubin - Guest
Speaker and Musician

Oct. 23rd
Rev. Sallie's Wedding

Oct. 24th
Chris Czarnecki - Guest
Speaker

SNEAK PREVIEW

Sunday, October 3rd
Unity Church of Peace
Picnic

Minister's Message



Dear Unity Friends,

As we move into September, I know that I am personally looking forward to the change of the season, bringing cooler temperatures and more comfortable outdoor activities and celebrations.

As many of you know, the most wonderful event, which is fast approaching, is my own wedding on October 23rd, to David Yannayon, an amazing man, whom many of you have had the opportunity to get to know.

David's growing dedication, not just to me, but to all of you and our wonderful church, is a continual source of joy and delight, only to be matched by the true satisfaction that he receives through the generosity and love he so freely gives.

This month, as we welcome our five new members, and plan for our Annual Meeting on September 19th, I invite each of you to search your own hearts and rededicate yourselves to your ongoing spiritual journey, which is most likely what led you to Unity Church of Peace in the first place. I encourage you all to bring to mind the many ways that our loving spiritual community nourishes your souls. And then, in your quiet time, allow the infinite Spirit of God life to stir in you, and inspire you to whatever form of sacred service best fulfills your own divine purpose of love.

What is this thing we call, "our church"? It is YOU - each and every one - playing, singing, praying, and working together to co-create and manifest spiritual transformation and true peace in our lives, our community, and our world!

This month, I invite you to affirm with me often, and with enthusiasm, "***I am dedicated to my spiritual path, and the good of my spiritual family.***" And please remember that God is blessing you now, and always!

Love and Many Blessings,
Reverend Sallie Fox



Musical Musings

Happy September! Where oh where did our summer go? It's ok though! I love Fall and all the beautiful music to be made in the upcoming months! ;-)

A hearty thank you to all our wonderful musicians, volunteer and paid! We really have a lovely team!

I have many thanks to go out this month. Here goes...

It's so wonderful to have our LED projector and screen. Many thanks go to David and Orion for their efforts in installing it, plus working hard to help our sound system improve.

Thanks to Trish Turek and Ken Palmer for the fabulous music on August 29th!

Lastly, thanks to all who helped with the fundraiser on August 22nd. Words cannot begin to tell you how grateful I am for the congregation's support of good music for our service.

Here's to a wonderful September filled with magical music moments!!

Blessings In Song,
Michele VanHoose,
Musical Director



President's Notes



Dear Friends,

On Sunday, August 8, we at Unity Church of Peace had the opportunity to experience the uplifting music and message of Armand and Angelina, our guests who conducted the service in Rev. Sallie's absence. Those who were not able to attend missed a dynamic service full of incredible music, marvelous voices, and a moving presentation of Unity principles. In addition, there was a short concert and Native American flute "play shop" following fellowship.

On Sunday July 18, Unity Church of Peace welcomed guest Bukeka Shoals, who presented a moving lesson and workshop on finding and staying in your divine center, in spite of all the "stuff" that happens in any given day, being an "Everyday Superhero", a champion of your own peace. Again, those who were not there missed a great service and workshop.

In both instances I was not sure of what to expect from our guests, but both times it turned out to be an uplifting and spiritually enriching experience. I found the services and the workshop I attended to be highly rewarding. I have received positive feedback from many attendees. My wish is for more of us to go beyond our comfort zones and experience the wonderful spiritual opportunities we provide, even when Rev. Sallie is taking a well-deserved vacation day. Next time, give it a try. I know you will be glad you did.

Blessings,
Joan Langer

Tidings from the Treasurer



Hi Everyone,

I have just returned from vacation, having spent 5 days with Gail Richmond. She sends her love to all of you.

If you have read the financial insert in the Sunday bulletin, you will see the first 3 weeks in August we have contributions of less than \$1750.00 per week. Having no nest egg, eventually we will be in the red. I do not know what that will entail.

As of now we have been able to pay all of our expenses and payroll with the help of renting out our Fellowship Hall for various occasions. Several times we have received single large donations from members to bring us up to the figure shown above. I love to write letters of prosperity, but I find that hard to do this month.

Our Minister and Music director are both underpaid and there is not much we can do about it. I am asking you to help out at this time, above and beyond your usual donation, to keep our wonderful church afloat.

Blessings, and wishing all of us love, light and prosperity.

Bonnie Faraone
Treasurer of the Board



Discussion Group

There will be a Unity 5 Principles Discussion Group on the 2nd and 4th Wednesdays of each month, from 7-8 p.m. in the yellow house.

See Heidi Moore for more details.



Page Turner

Hi Everyone,

WOW! HERE WE ARE IN SEPTEMBER ALREADY.

Our **Book Nook** has changed, please come browse. Our Unity books are on one side of the book case and the other books are on the opposite side. They are arranged alphabetically, according to title.

We are also selling CDs of the Sunday Service in the **Book Nook**. There is a sign up sheet on the cabinet. If you would like to hear the Sunday Service again, or share it with someone, you may purchase a CD. They are \$3.50 each. Carol will try to run your CD the same day if possible, otherwise you may pick it up the following Sunday.

Please check our greeting cards, pamphlets, bookmarks, etc. on the round, wire revolving rack.

NAMASTE,
Heidi Moore and Carol Powers

New Class

Rev. Sharon Allmond will be teaching a class at our church for six weeks. The first class will be on Tuesday, September 7th. The 5 subsequent classes will meet on Mondays (Sept. 13 - Oct. 11). The class will meet from 6:30 - 8:30 p.m., in the yellow house. The class is based on the new Unity book, *Do Greater Things*, by Rev. Felicia Blanco Searcy, and the books will be available soon in the **Book Nook** for \$14.95.

UNITY LIGHT SEEKERS

We had a great mystery guest in July. We had Patti Burkhalter teach us some HEALING TAI CHI. There were 12 of us and we all enjoyed the moves.

August 24th Janet Crews talked to us about the year she spent on a Lakotah Indian reservation after her husband died.

September 28th we are having Annie Bathgate and her baby daughter come. Annie used to come to our church. She does reflexology and EFT (Emotional Freedom Technique). EFT is a tapping technique to relieve stress and anxiety. It is absolutely fascinating how well it works. I know you will enjoy learning this very practical, simple technique.

We will be meeting at 11:00 a.m. in Fellowship Hall. We hope to see you then.

Upcoming meetings will be:

Oct. 26th with a registered dietitian from St. Mary's hospital who will discuss HEALTHY EATING;

Nov. 23rd - we are hoping to have Stray Rescue visit;

Dec. 28th - our very own Marty Thurman will discuss LAW ENFORCEMENT WITH LOVE.

Blessings of Light and Love to you and those you love,
Joyce Jackson and Carol Powers

In memoriam



We extend our condolences to Lois Maddox on the transition of her mother, Jean Toenges, on August 6, 2010.

The Metaphysician

"He told his disciples to have a boat ready for him because of the crowd, so that they would not crush him...." (Mark 3:9)

The Revealing Word, one of Unity's handiest books, provides students of Truth with the metaphysical meaning to many common words and phrases used in New Thought and even Biblical Scripture. Uncovering the metaphysical meaning of a word, and how it applies to your relationship with the Spirit of Life, can have significant impact on how you may have consciously viewed life and your own ability to extract meaningful insight from the Scriptures.

The word "He", located above in the verse from the Book of Mark, can easily be understood as referring to Christ Jesus. If you have been around Unity or New Thought for a while you may already know that we are not referring to the man or individual that was Jesus, but the Divine Idea that we are capable of expressing through our own Christ Potential. Metaphysically, Jesus can be identified as the aspect that all mankind is more than a body or personality, and within us all is Christ Potential. Jesus represents the part of everyone that is the energy, the wisdom, and the understanding to bring forth all that Christ Potential is.

The word "boat", as described in The Revealing Word, symbolizes a positive, sustaining state of consciousness that prevents one from sinking into a negative condition (water) and bears up the faculties of the mind.

By gaining insight into the metaphysical meaning of these words we have uncovered information that is practical to the understanding of our own conscious unfoldment. If our Divine Ideas (**Christ Jesus**) are not sustained in a positive state of consciousness (**boat**) will

they not also sink into negative conditions (**water**)? What an amazing and practical meaning provided to the Student of Truth who has sought to uncover the metaphysical understanding of this short verse! The verse emphasizes the importance that if our Divine Ideas are not to be crushed under the weight of negativity, we must continually hold them in a positive state of consciousness until our spiritual faculties have developed to make those ideas known to us, and expressed through and as us.

If you have not picked up a copy of The Revealing Word I encourage you to do so, and I hope that it will bring you just as much insight as it has brought to me in my daily life.

-Christopher Czarnecki

Happy Birthday!

- | | |
|----------------|----------|
| Rhonda Rees | Sept. 5 |
| Milt Loessberg | Sept. 12 |
| Mike Shields | Sept. 17 |
| Heidi Moore | Sept. 19 |
| Pat Hart | Sept. 24 |
| Carol Powers | Sept. 26 |



We hope you will join us after church for a special birthday celebration on the second Sunday of the month, September 12th, in the lower level.

Chaplain's Lighthouse



"Breath....Go to your Heart". This statement is ideal to the individual adhering to prayer, and for those who have ever made the decision to pursue the possibility of becoming a Prayer Chaplain it now has a whole new meaning.

I am now in the third month of training together with the Prayer Chaplain Candidates. The experience of training the new Prayer Chaplain Candidates has been exceptionally surreal as I find myself learning everything I am teaching them all over again, and yet learning the concepts and ideas now on a whole new level of consciousness.

I cannot get into specifics, but I can tell you that we have discussed and practiced the power of holding spiritual space, listening, and some prayer. I know the Prayer Chaplain Candidates are looking forward to the Annual Prayer Chaplain Training with all the other Unity Churches on November 6th, and I know with great certainty they looking forward to experiencing what it is like to be that beacon of light for you. They are confident that they will be the light in your joys and celebrations, and the light in the midst of your difficulties and challenges.

If you are seeking a helpful tip in your prayer life this month, I would encourage you to take some self-care time, and then after you have done so come back to your prayer time. Self-care time is best known as taking the time to do the things that give you a sense of great joy, revitalize your sense of awareness, allow you to personally debrief from your surroundings, and give your consciousness the ability to sustain the turbulent times. For some this is working in the garden in the early morning hours, to others it is sitting in the cool shade of their porch drinking lemonade, and for some it is spending time with their grandchildren. I think you will find that when you have allowed yourself this personal time, you will find yourself more open to the answers to your prayers.

-Christopher Czarnecki

We Are Finally in the Twenty First Century

Anyone who has visited the church sanctuary recently will be aware of the exciting new changes that abound!

First, there is a new sound booth in the back, with an up-graded sound system, including a new 16 channel mixer to control volume, reduce the noise, and clarify what we hear. We also have a new 36 channel equalizer to isolate and eliminate feedback, and enhance our sound. There is a new amplifier to power our speakers, and new cables to attach our microphones, since the old ones were undependable and not hooked up. We also have a new, high performance microphone for our choir, as well as another new, high end microphone.

Perhaps the most thrilling new addition is the LCD overhead projector, and the power-operated screen in the front of the sanctuary, along with a new computer to operate the projector.

We are very pleased to inform you that all of these items were procured and installed under the donated budget, thanks to the talent, hard work, and dedication of David Yannayon and Orion Madsen.

So thank you, God, and thank you all of the generous and dedicated Unity Church of Peace community, for helping us to make this dream a reality! Please visit us soon and enjoy the wonderful changes!

Unity World Day of Prayer

On Thursday, Sept. 9th, hundreds of thousands of people across the globe will join *Silent Unity*, an international and trans-denominational prayer ministry, and Unity churches around the world in a sacred partnership of prayer, for the 17th Annual Unity World Day of Prayer. The theme this year is "Living in the Flow".

The *Unity World Day of Prayer* is open to people of all faiths. Its purpose is to unite as many people as possible in prayer for one another and our world. Each year, millions of names that have been submitted are read aloud and prayed for as part of the annual event. Unity believes that *World Day of Prayer* is an opportunity to transform the world through prayer.

This year the special prayer to affirm world peace is: "We are living expressions of Divine light, flowing forth into the world." The event will also mark the completion of the Unity Village central fountain restoration.

The opening ceremony will be live-streamed on the Web from Unity Village on Wednesday evening, September 8, with keynote speaker Rev. Paul Tenaglia from Unity of New York. *Spiritus*, a vocal ensemble from New York, along with Broadway singer Rosena M. Hill, will perform at the opening.

Events on Thursday at Unity Village will include a fountain dedication ceremony, a seminar based on Rev. Eric Butterworth's book [In the Flow of Life](#), and a closing celebration and ceremony. Visit www.worlddayofprayer.org for details and information on other events that will be live-streamed.

On September 9th, Rev. Sallie Fox invites you to attend the prayer vigil in the Unity Church of Peace sanctuary any time from 8 a.m. to 8 p.m.

**UNITY CHURCH OF PEACE
E-PRAYER CIRCLE**

Some of us have been sending prayers to those in need for some time now via email. Anyone who feels they would be interested in having their name added to this list please send me your email address and your name, at bacpowers@sbcglobal.net. We have had several very good outcomes already. AS WE KNOW PRAYER WORKS. Hoping you will join our CIRCLE OF PRAYERS AND LOVE.

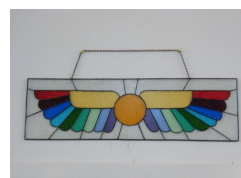
Blessings of Light and Love,
Carol Powers

Also if you know of anyone who would like prayers and do not have email, feel free to call me, 314-481-5062.

Wedding Invitation

Rev. Sallie Fox and David Yannayon cordially invite you to join them for their marriage ceremony at Unity Church of Peace, on Saturday, October 23, 2010, at 1:00 p.m. They will be thrilled to have you all - their Unity community - join them for this blessed occasion!

In lieu of any gifts, the couple asks that you please consider making a donation to the church in their honor.



Rev. Sallie WANTS YOU

to order your official
**Unity Church of Peace
T - SHIRT
NOW**



100% Cotton Sizes M - L just \$8, XL - \$10
Order by Wed. Sept. 15 in time to wear at the
UCOP Annual Picnic. Cash or check accepted.
Write checks payable to Unity Church of
Peace. Mail to the office or bring it in person
to Barbara Gallo at any Sunday service.

Thank you for supporting our church!



SNEAK PREVIEW

Unity Church of Peace Picnic



Please be sure to mark your calendar NOW for our all church picnic on Sunday, October 3rd, immediately following the service. We will feast and frolic this year at Bee Tree Park, at 2701 Finestown Rd., Saint Louis, MO 63129, off of Telegraph Rd. We will supply maps and directions closer to the date.

Please let us know if you can help with organizing the picnic and supplying some fun games for the kids, as well as the "kids" at heart.

Be there, or be square! And don't forget to order your Unity Church of Peace T-shirt as soon as possible, and wear it to the picnic!

Welcome to Our New Members

Unity Church of Peace and our New Member Welcome Team are excited to extend a warm welcome to our most recent new members: **Shelley Sdun, Cindy Sullivan, Joe Beaty, Linda Boyer and Marty Thurman.** We celebrate them as they deepen their commitment to their spiritual journey and our church community.

Hopefully, the information that the Welcome Team has gathered here will help you get to know these wonderful people and welcome them into our spiritual family.

Joe Beaty, Jr.



Joe's first visit to our church is a result of a friend's recommendation, along with his mother's encouragement, to attend Easter services this past spring. A visit to the Unity Church of Peace web site, reading our literature and books, and visits to our spiritual center have convinced him that the tenets of Unity are exactly those for which he was searching.

Joe feels a sense of peacefulness at our church. Rev. Sallie's lessons and meditations as well as our friendly members immediately made him feel welcome and that he was "home."

Joe's parents live in Florida, while his 3 brothers and 4 sisters "live all over the U.S." He is divorced and has a son, Joe III, who is "the best kid you could ever ask for."

He's a business consultant, has a strong background in accounting and computer services, with a BA in Economics and an MBA. His company, JDB Management Services LLC, provides productivity improvement plans and implementation services for small business owners in the St. Louis area.

His interests include ceramics, wood-working, stained glass, home upkeep and remodeling, but what really excites Joe is helping others through random acts of kindness.

He was raised in the Episcopal Church, but now Joe will be joining Unity Church of Peace, where he can live his mantra: "It's only the *giving* that makes you what you are."

Linda Boyer



Linda Boyer is no stranger to Unity, having encountered New Thought at various times of her life in Houston, Sedona, Phoenix and now, back in her native St. Louis. She calls herself a "cradle Catholic" from her days in St. Louis, but now considers herself a part of the family at Unity Church of Peace. She especially appreciates the weekly Meditation. "I find it so inspirational at Unity, with its loving and accepting ways," Linda says.

Linda has a daughter, Dawn, and a granddaughter, Laura Ashley. Two important family members are her dogs, both a Bichon - Chihuahua mix, named Faith and Grace.

Linda works in the behavioral health field, but in her spare time, she loves to "scuba dive, swim, work in my garden, help friends with horticultural endeavors as well as read and travel."

"Face your fears and do it anyway," says Linda. "Prayers give you the strength to deal with fears and do what you need to do to be happy."

Cindy Sullivan



Cindy Sullivan, a Reformed Catholic, first visited Unity Church of Peace after seeing an ad in the Post-Dispatch, and really "felt at home," she said. "I was warmly welcomed and noticed how the church was inclusive of all people."

Cindy has four grown children - one daughter and three sons, and four grandchildren - two girls, two boys. Her father and two sisters live in St. Louis.

She occupies her time with volunteer work, and she is a quilter. "Really, I only collect fabric," she claims.

Cindy works as a print media buyer at an ad agency downtown.

"I want the church members to know how thankful I am that they created and established this Unity community for me to be a part of," Cindy says.

Shelley Sdun



Early this year when Shelley was visiting some other Unity churches in the area, she came here and "enjoyed it immediately," and it was closest to her home, too. What she noticed was the warm welcome that she was comfortable with, and she especially appreciated the way that Rev. Sallie conducts the Meditation. "I get so much out of it," Shelley says. "Unity really fits me well and helps guide me."

Shelley grew up in Wisconsin as a Lutheran, but as she got older, it did not fit her religious and spiritual beliefs anymore. "I did enjoy playing the hand bells, though." She also lived in Oklahoma for 13 years. She moved to St. Louis in 2002. Along with her came her rescued stray dog, Charlie Brown, a Chihuahua-Boston Terrier mix. Her younger brother now lives in Los Angeles.

Shelley works in customer service at Energizer Battery Co. and her hobbies include flower gardening and some home cooking.

One of Shelley's favorite truisms - "When the student is ready, the teacher will appear," has helped her find the right message or experience at the right time in her life, just as it has helped her find Unity.

Marty Thurman



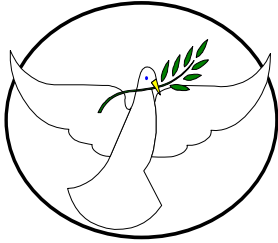
For Marty, it was the sayings on the outdoor marquee which prompted her to think, "Gosh, that is so right!" And, since it was time to bring some balance into her life, relieve some stress and be with like-minded people, it was the right time to become a member of Unity, as a New Year's Resolution.

Her religious upbringing was with Church of Christ in Texas where she grew up, but when she came to Unity Church of Peace, she really liked the fact that "there's acknowledgment that everybody has his or her own spiritual journey and it is ok to be in a different place than somebody else." That, along with "the way that Rev. Sallie leads us on some wonderful journeys during the Meditations," are the main attractions of Unity for Marty.

Marty was adopted and considers herself as being a part of two families, "one that gave me life and a family that gave me love." She is closest to her brother Jeff, in Delaware. She has been in Law enforcement for 23 years, on local, state and federal levels. She is a dog lover, having trained dogs for 20 years. She loves women's softball, having played second base in college, and every year attends the National Women's Softball World Series in Oklahoma City.

"Fake it 'til you make it," Marty says, "will get me through a less than hopeful mood until one appears."





Unity Church of Peace

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Judy Moebeck, Pianist
Mike Shields, Custodian

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Youth Education Director

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